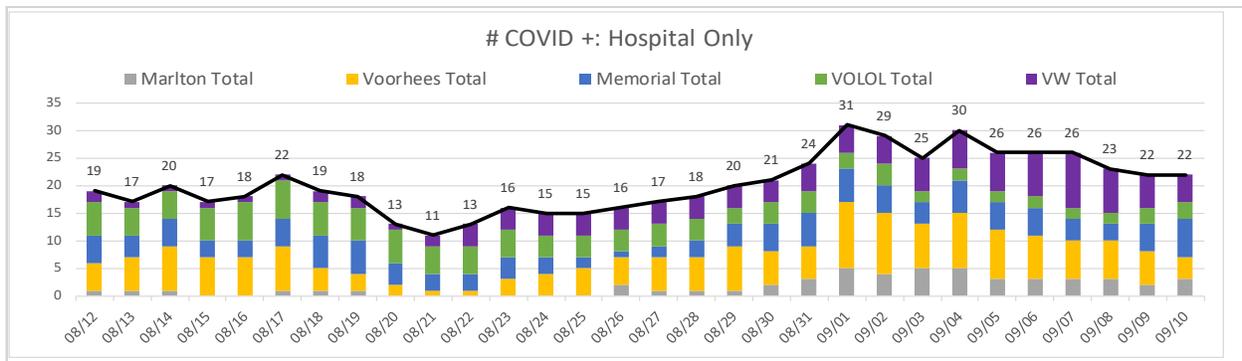
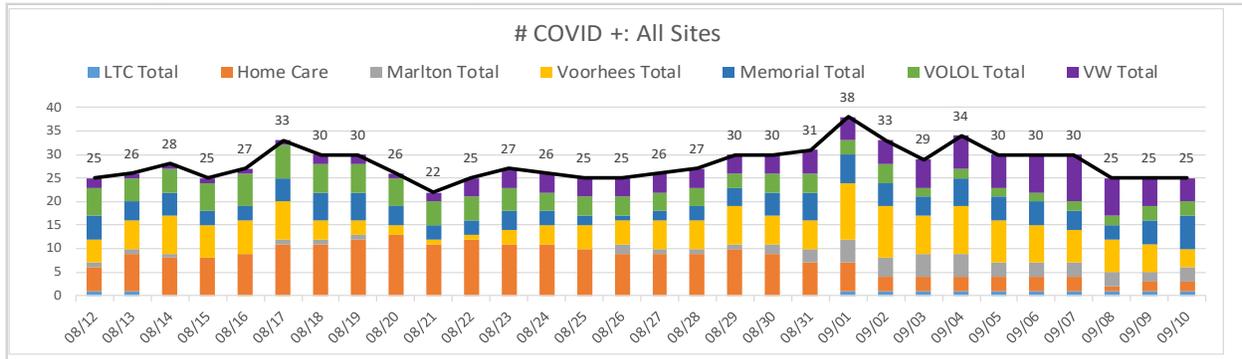


# Clinician Update

September 10, 2020

## By the Numbers

The following charts reflect the latest figures for Virtua-site cases of COVID-19.



## Fast Facts

- As of today, the rate of transmission in New Jersey is once again trending up and is currently at 1.09.
- Based on data from Sept. 5, the spot positivity rate for New Jersey is 2 percent. South Jersey continues to have the highest percent rate at 3.0 percent, whereas it is 2.0 percent in Central and North Jersey.
- Locally, in the tri-county area, there have been a total of 1,204 confirmed deaths, as of 1 p.m. today. The state also reports “probable” deaths from COVID-19, with figures shared separately on the [state dashboard](#). For the three counties, probable deaths would account for an additional 99 fatalities.
- The total number of cases are as follows:
  - Burlington County 6,641
  - Camden County 9,413
  - Gloucester County 3,945

## Travel Advisory Update

On **Sept. 8**, the State of New Jersey updated its 14-day quarantine travel advisory. Delaware, Maryland, Ohio, and West Virginia were added to the list. Puerto Rico and the Virgin Islands were removed. In total, 35 states and U.S. jurisdictions meet the travel advisory criteria. Click [here](#) to view the complete list and additional details.

Virtua colleagues traveling to those states or traveling internationally are required to call the colleague hotline at 609-444-2828 upon return for guidance and return-to-work instructions. Colleagues who traveled to or from these areas, provided they are not exhibiting symptoms, will return to work. Should screening indicate that a 14-day period of self-monitoring is required before returning to work, colleagues may be required to use their own paid time off and/or may need to take time off on an unpaid basis if no paid time off is available.

Colleague travel to one of the 35 states and U.S. jurisdictions is strongly discouraged to ensure the health and safety of you, your family, your fellow colleagues, and patients.

## Don't Wait to Get Your Flu Vaccine

The deadline to receive the vaccine is 11:59 p.m. on **Tuesday, Oct. 20**. The deadline to present a medical or religious exemption form for approval is **Thursday, Oct. 1**. In accordance with New Jersey State law, religious exemptions will not be available for colleagues who interact with patients, visitors, students, or clients at a Virtua patient care facility. Effective **Wednesday, Oct. 21**, at 12:01 a.m., colleagues who have not been vaccinated or did not present an approved exemption form are considered non-compliant.

Please view the upcoming dates and locations to receive your flu vaccinations below. Please note that Virtua Medical Group colleagues will be directed to receive their flu shots from designated practice extenders. Corporate colleagues who are working offsite will be directed to receive their flu shots at their primary care practice or a CVS MinuteClinic, where colleagues with Virtua medical coverage can obtain flu vaccinations at no cost.

Friday, Sept. 11, 7 a.m. to 3 p.m.  
Virtua Health and Wellness Center – Berlin

Monday, Sept. 14, 7 a.m. to 3 p.m.  
Tuesday, Sept. 15, 11 a.m. to 6:30 p.m.  
Virtua Our Lady of Lourdes Hospital

Thursday, Sept. 17, 7 a.m. to 3 p.m.  
Friday, Sept. 18, 11 a.m. to 6:30 p.m.  
Virtua Willingboro Hospital

For the complete schedule, visit the [Colleague Flu Information](#) button on the VINE. Questions are welcome. Email [flu@virtua.org](mailto:flu@virtua.org) or call [856-761-3900](tel:856-761-3900), option 2.

## Virtua Launches New Heart Care Commercial

Last week, Virtua launched a new commercial as part of a multi-channel campaign to further establish Virtua as a leader in heart care. The campaign was developed after a thorough fact-finding process among physicians and senior leaders, as well as consumer research and strategic assessment. The

campaign positions Virtua as the region's leading cardiac program, nationally recognized as among the top 5% of cardiac programs, with more than 100 specialists and appointment availability within 48 hours. Click [here](#) to view the commercial. Keep an eye out for the commercial on local cable/broadcast television!

### **New Transfer Center Module Goes Live Nov. 1**

When the ONEVirtua 2020 program goes live on **Sunday, Nov. 1** at Lourdes Medical Associates, Virtua Our Lady of Lourdes Hospital, and Virtua Willingboro Hospital, a new feature of Epic also will go live — the Transfer Center module. This new system component will replace the many disparate systems in use today, allowing for a streamlined process for facility transfers enterprise-wide. All internal and external transfers will be centrally managed through the Transfer Center.

All bed requests will be initiated electronically while maintaining current workflows. A team of approximately 15 colleagues at the Virtua Access Center will attend a training course to become the new Transfer Center team.

"We are excited to roll out the Transfer Center module at Virtua. Streamlining the workflow will provide a better patient experience as well as an efficient process across all Virtua hospital locations," said Tom Gordon, senior vice president and chief information officer.

The benefits of the new transfer center include:

- An automated solution for streamlining the transfer workflow across the enterprise
- Bed requests initiated electronically, allowing for a more efficient workflow
- Enhanced ability to report on utilization, efficiency, and success of the transfer workflow

Additionally, implementing Epic's Transfer Center module will provide one patient chart, one efficient workflow, and one reporting and tracking repository to support the growing transfer needs for all Virtua facilities.

*If you have not completed your Epic training, visit the [Digital 411](#) site and click on the [ONEVirtua 2020](#) tab on the VINE or visit the [ONEVirtua SharePoint](#) site.*

### **Update Regarding General Visiting at Virtua Hospitals**

Expanded hospital visiting hours will take effect **Monday, Sept. 14 at 8 a.m.**

- Visiting hours will expand to **8 a.m. to 8 p.m.** daily for hospital visitors.
- For general visiting, only one visitor will be permitted at a time per each patient.
- Special visiting hours in Pediatrics and Maternal-Child Health are as follows:
  - In Pediatrics, two visitors may visit at any time 24/7.
  - In Labor and Delivery, one support person may visit and must remain on the unit.
  - In Mother-Baby departments and High-Risk Obstetrics, one support person is permitted.
  - For post-partum readmissions, the newborn and one parent/guardian may visit, but must remain together at all times.
    - The family may identify one additional support person, whose name will be noted. This individual can visit whenever the main support person is not there.

This applies to Mother Baby and High Risk Obstetrics for antepartum and postpartum readmissions.

- Neonatal Intensive Care Unit parents (or mother and one identified support person) may visit daily from 8 a.m. to 10 p.m.
- Hospital cafeterias are **not available** to visitors, however they may visit coffee shops and gift shops as available.
- Visitors are **not permitted** at Virtua Medical Group offices and outpatient departments.

### **Save the Date: Cardiology for Primary Care Livestream**

Virtua Health, in partnership with the Rowan University, will hold the 10<sup>th</sup> annual Cardiology for Primary Care Symposium on **Saturday, Jan. 30** from 6:45 a.m. to 1:30 p.m. This year's event will be livestreamed and will feature topics including cardiac disease and pregnancy, geriatric medicine, and updates on lipid management and hypertension guidelines. For more information on CME credits and to register, visit <https://www.virtua.org/about/physicians-center/continuing-medical-education-for-physicians> and click on the link for the save-the-date flyer.

### **Virtua Our Lady of Lourdes Honored for Heart Failure Treatment**

Virtua Our Lady of Lourdes Hospital has received the American Heart Association's Get With The Guidelines<sup>®</sup>-Heart Failure Silver Plus Quality Achievement Award. The award recognizes Virtua's commitment to ensuring heart failure patients receive the most appropriate treatment according to nationally recognized, research-based guidelines founded in the latest scientific evidence. The goal is speeding recovery and reducing hospital readmissions for heart failure patients.

Virtua earned the award by meeting specific quality achievement measures for the diagnosis and treatment of heart failure patients at a set level for 12 consecutive months. These measures include evaluation of the proper use of medications and aggressive risk-reduction therapies. Before discharge, patients should also receive education on managing their heart failure and overall health, get a follow-up visit scheduled, as well as other care transition interventions.

### **Do You Have a "Medical Mystery" to Share?**

The Philadelphia Inquirer is seeking stories for its weekly "[Medical Mystery](#)" column. If you're not familiar with the series, each article covers a patient story about a difficult-to-diagnose illness. Per the editor: "The cases don't have to be so complex that they're journal-worthy. Oftentimes it's just a mystery to the patient, but very obvious to doctors with the right questions." If you have an idea to pitch, contact Julie Walsh, Media Relations, at [JWalsh@virtua.org](mailto:JWalsh@virtua.org).

### **Do You Have Zoom Fatigue?**

COVID-19 has certainly forced us to change the way we practice medicine and connect with friends, family, and colleagues. If telemedicine visits and videoconference meetings have left you drained, anxious, or with back pain or eyestrain, you may be experiencing "Zoom fatigue." The Advisory Board has published an article on how to identify and avoid Zoom fatigue. Some key tips:

- Give yourself breaks between meetings to walk around and stretch.
- Consider using a standing desk.

- See if you can do a meeting without video.
- Change locations if you can.

Read the full article [here](#).