

Covid-Positive Remote Patient Monitoring Program Overview

Goal:

Short Term - Reduction of Length of Stay and Readmissions for COVID-positive patients at all Virtua acute care facilities.

Longer-Term – Expand beyond COVID to other System-wide length of stay initiatives (Sepsis, CHF, COPD)

Program Length:

28 days

Methodology:

Patient Identified in hospital by nurse/physician as appropriate candidate (criteria for enrollment listed below)

Order placed by Hospitalist or Pulmonary Physician and kit delivered to bedside.

Education provided to patient, who is discharged with Vivify kit including Tablet, Scale, PO2, and BP Cuff (all blue-tooth enabled)

Once Discharged:

Twice Daily

- Patient prompted twice daily to answer clinical questions (feeling more SOB? Worse cough? Etc.) as well as to monitor vitals
- Virtua RNs overseeing patient responses and vitals
- Nurse escalates to Covid-On Demand Clinician as needed.
- Covid-On Demand Clinician will outreach patient as needed.

Scheduled Visits (in addition to above)

- 5 RN Visits
- 6 Clinician Visits
 - 4 Covid-On Demand Visits
 - 1 Pulmonary Visit
 - 1 PCP Visit
- See Timeline below

The “Ask” of Hospitalist/Pulmonary

- Early Identification of Patient for Program
- Advise Patient of Program and their candidacy
- Place order for Program

The “Ask” of Primary Care:

- Program Awareness
- Program Support – please encourage the patient to continue their monitoring and scheduled visits with the nurses and COVID-On Demand Team
- Scheduled visit with patient week 2 post discharge
 - Capture Transition of Care Management (TCM) Code, if appropriate
- Assume normal care of patient post program discharge

Demographics:

- No restrictions on PCP – patient can have VMG, VPP, LHN, external PCP, or even no PCP
- Must have phone (home or mobile)
- Must not be homeless
- Discharge Disposition must be to home (not SNF, LTAC, etc.)
- Adult Patient (18 or over)
- English or Spanish-speaking
- Patient can have any insurance

Clinical:

- Covid-19 Positive Patients only
- Ongoing Symptoms
- Comorbidities preferred but not mandated
 - Dementia or Delirium eliminates patient from eligibility for program
- The following should not impact the decision to discharge patient on Remote Patient Monitoring:
 - Home Care evaluation
 - Need for Home Oxygen
 - Any lines, catheters, tubes, drains, wounds, infections
- O2 requirements at discharge:
 - Patient must be on 3L or less AND
 - With a walking assessment no more than 3% of drop in O2 saturation

Covid-19 Remote Patient Monitoring Program ✓ Accept ✗ Cancel
 Prior to discharge, starting today at 0944, for 1 occurrence

Frequency:

For:

Starting:

First Occurrence:

Starting: **Today 0944**

ⓘ There are no scheduled times based on the current order parameters.

Does the Patient Meet the Above Criteria?

Instructions:

Comments:

✓ Accept ✗ Cancel

Timeline

