

Improving Patients' Lives, One Beat at a Time

What Is Heart Failure?

Heart failure is a common condition that slowly progresses as the heart weakens and needs to work harder to keep blood flowing through the body. It can develop after a heart attack, long-term high blood pressure, or a heart valve problem.

If you have heart failure, you can enjoy better health and stay out of the hospital by taking care of yourself and working with a specially trained medical team.

Our Program

The Virtua Heart Failure Program is the most established and experienced of its kind in South Jersey. Our proven education and treatment program—driven by guidelines from the American Heart Association, American College of Cardiology, and Heart Failure Society of America and using the latest approaches to care—is designed to help you manage your condition.

We work closely with your cardiologist and primary care provider, seeing you as often as you need. You will learn to manage your heart failure symptoms through:

- Medication
- Changes in diet
- Monitoring and tracking your weight and any fluid retention on a daily basis
- Exercise

Make an Appointment at One of Our Four Convenient Centers

To learn more, visit virtua.org/HeartFailure

Advanced Therapies

Our centers provide the latest diagnostic tests and treatments to help improve your condition.

Our capabilities include:

- Electrocardiogram
- Medication reconciliation and titration to find the most effective dosage
- Intravenous diuretic therapy
- Noninvasive thoracic impedance measurements (CareLink/CorVue)
- CardioMEMS™ HF pulmonary artery pressure monitoring
- LifeVest monitoring
- Shared care of left ventricular assist devices (LVADs)
- Cardiac resynchronization therapy
- Coordination with home care, physical and occupational therapy, home inotropic and diuretic medicines, and cardiology-specific psychiatric counseling
- Participation in clinical research trials

Call for an Appointment at One of Our Convenient Centers

Virtua Heart Failure Center - Cherry Hill

Virtua Health & Wellness Center - Cherry Hill 1 Brace Road, Suite C Cherry Hill, NJ 08034 856-428-4100

Virtua Heart Failure Center - Sewell

Virtua Health & Wellness Center - Washington Township 239 Hurffville-Crosskeys Road, Suite 210 Sewell, NJ 08080 856-589-2477

Virtua Heart Failure Center - Willingboro

Professional East Building at Virtua Willingboro Hospital 1113 Hospital Drive, Suite 202 Willingboro, NJ 08046 609-835-3550

Virtua Heart Failure Center - Woodbury

730 North Broad Street, Suite 200 Woodbury, NJ 08096 **856-251-2340**

virtua.org/HeartFailure