

## Clinician Update

September 24, 2020

### **New Video Highlights Emergency Care Goes On, Despite Pandemic**

We have been asking our physicians for stories of the lifesaving work that has continued unabated throughout the pandemic. Here is the first in a series to highlight the critical importance of encouraging our patients to seek care in an emergency. In it, a Mt. Laurel resident vividly describes the story of his life-threatening heart attack.

When seconds mattered, the physicians at Virtua Memorial Hospital, including interventional cardiologist [Rajeev Marreddy, DO](#), took action, and ultimately saved this patient's life. Click [here](#) to view the video. Click [here](#) to learn more about interventional cardiology at Virtua.

And if you have patient stories to share, send them on to us at [VirtuaClinician@virtua.org](mailto:VirtuaClinician@virtua.org).

### **The Virtua "Eat Well" Mobile Grocery Store Gets Set to Roll**

Starting in late fall 2020, a converted bus will bring fresh food to neighborhoods-in-need throughout Burlington and Camden counties. This year-round, store-on-wheels is the newest addition to Virtua's portfolio of programs that address food access.

You can read about this new initiative to improve lives through better health on the [Virtua website](#). You can also watch a [sneak-preview video](#) featuring Virtua President & CEO Dennis Pullin that explains the inspiration behind this empowering program.

If you would like to learn more about how generous donors, including Virtua colleagues, are helping to "fuel" the Mobile Grocery Store through philanthropy, please visit <http://GiveToVirtua.org>.

### **Dennis Pullin among Modern Healthcare's Most Influential People—Voting Open Now**

*Modern Healthcare* has named Dennis Pullin as one of the 300 most influential people in health care nationwide. This tremendous honor speaks to the many ways Dennis and Virtua are leading the industry through cutting-edge medical and surgical care, innovative community outreach, strategic consumer orientation, and much more. This fall, *Modern Healthcare* will announce its top 100 most influential people based partially on **public voting** happening now through **Tuesday, Sept. 29**.

If you would like to support Dennis and Virtua with your vote, please visit the [Modern Healthcare voting platform](#). Registration is not required, and you can vote in less than a minute. Thank you for your support as we lift up our organization on a national stage.

### **Infusion Services at Virtua Our Lady of Lourdes**

The Virtua Infusion Center offers convenient and comfortable outpatient services to individuals who require frequent infusions, including those with central lines and ports. The center is conveniently located within the main campus, easily accessible with complimentary valet service. It features a welcoming, quiet atmosphere, with comfortable recliners to promote relaxation. The care team includes certified oncology nurses and social workers to support patients and their families.

Infusion services are available for multiple specialties, such as oncology, neurology, gastroenterology, hematology, rheumatology, obstetrics and gynecology, cardiology, and infectious disease. Specific treatments include: blood transfusions, chemotherapy, cortisol stimulations, hydration therapy,

immunotherapy, intramuscular injections, IV antibiotic therapy, IV immune globulin, medication infusion, and subcutaneous injections, as well as iron infusions.

The center is open Tuesday to Friday, 7 a.m. to 5 p.m., and is located at Virtua Our Lady of Lourdes Hospital, 1600 Haddon Ave., Camden. To contact the center, call 856-757-3374.

## COVID-19 Corner

### Coronavirus Update | Travel Advisory Update

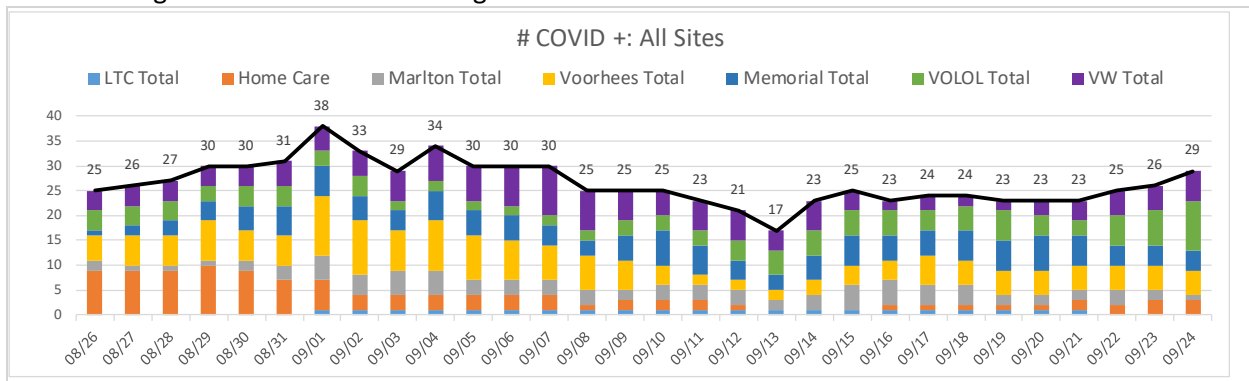
On **Sept. 22**, the State of New Jersey updated its 14-day quarantine travel advisory. Arizona, Minnesota, Nevada, Rhode Island, and Wyoming were added. In total, 35 states and U.S. jurisdictions meet the travel advisory criteria. Click [here](#) to view the complete list and additional details.

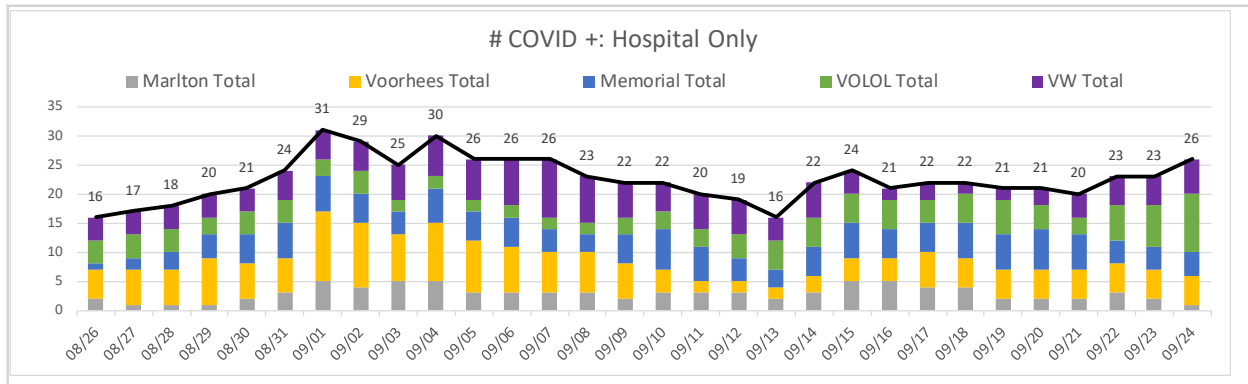
Virtua colleagues traveling to those states or traveling internationally are required to call the colleague hotline at 609-444-2828 upon return for guidance and return-to-work instructions. Colleagues who traveled to or from these areas, provided they are not exhibiting symptoms, will return to work. Should screening indicate that a 14-day period of self-monitoring is required before returning to work, colleagues may be required to use their own paid time off and/or may need to take time off on an unpaid basis if no paid time off is available.

Colleague travel to one of the 35 states and U.S. jurisdictions is strongly discouraged to ensure the health and safety of you, your family, your fellow colleagues, and patients.

### By the Numbers

The following charts reflect the latest figures for Virtua-site cases of COVID-19.





### Fast Facts

- The rate of transmission in New Jersey is once more trending up and is currently at 1.15.
- As of yesterday, the spot positivity rate for New Jersey has risen to 1.93. South Jersey is 2.06.
- Locally, in the tri-county area, there have been a total of 1,229 confirmed deaths, as of 1 p.m. today. The state also reports “probable” deaths from COVID-19, with figures shared separately on the [state dashboard](#). For the three counties, probable deaths would account for an additional 99 fatalities.
- The total number of cases are as follows:
  - Burlington County 7,036
  - Camden County 9,799
  - Gloucester County 4,428

### Virtua in the News

Journalists often turn to Virtua for important news and feature stories. Here’s some of the latest press coverage that spotlights the high-quality services we provide:

- **NJ Transit bus to transform into mobile grocery store to help those in need:** *Fox 29 News* reports on how Virtua is creating a travelling food store out of a gently used bus. Watch [here](#).
- **South Jersey woman overcomes back-to-back cancer diagnoses while living life to its fullest:** An inspiring Virtua patient is raising awareness of gynecologic and breast cancer. This *Philly Voice* story includes comments from Virtua gynecologic oncologist Randolph Deger, MD. Read [here](#).
- **Care Beyond COVID-19:** *South Jersey Magazine* explores how local health care providers are adapting their services to care for vulnerable patients during the pandemic. Story includes comments from Dr. Sam Weiner, a medical director of the Virtua Medical Group. Read [here](#).
- **Q&A: Preparing for flu season during the COVID-19 pandemic:** Alexandra DeSimone, a Virtua primary care physician, offers advice to protect yourself and those around you by getting a flu shot and taking other precautions. Read this *Philadelphia Inquirer* story [here](#).

### Here for Women in Our Community

As we continue to limit in-person interaction and practice social distancing, it is still important to stay connected as a community. Virtua is offering two additional *Real Talk! Women's Health Chats*. These free, 45-minute sessions are packed with real strategies women can use to feel great, now and throughout their lives.

### **Improving Your Emotional Well-Being During COVID-19**

*Thursday, Oct. 1 at 7 p.m.*

World-renowned licensed psychologist and trained cell biologist Joan Borysenko, Ph.D., is sitting down (virtually) with Virtua primary care physician Letitia Price, MD, for an engaging conversation on improving your health through mind-body medicine. Learn simple, on-the-go tips and techniques to support your mental well-being and see how you can connect with helpful resources. It promises to be an information-packed event!

### **Cooking From the Heart: Recipe for a Healthy Holiday**

*Thursday, Nov. 12 at 7 p.m.*

Celebrity nutritionist and bestselling cookbook author Zonya Foco, RDN, chats with Virtua cardiologist Maria Duca, MD, about delicious, heart-healthy recipes the whole family will love. Zonya promises to bring her high energy and enthusiasm for healthy living, and will share tips and creative ideas during this can't-miss holiday treat!

We encourage you to share these resources with your patients by directing them to register at <https://go.virtua.org/realtalk>.