

Clinician Update

July 31, 2025



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U.S. News & World Report Recognizes Virtua's High-Performing Services

Virtua Our Lady of Lourdes Hospital and Virtua Voorhees Hospital have been recognized among the "Best Hospitals" for 2025-26 by *U.S. News & World Report*. Both Virtua Our Lady of Lourdes and Virtua Voorhees received distinction in specific areas based on objective measures, such as risk-adjusted mortality rates, preventable complications, and nursing care. Note that U.S. News includes Virtua Marlton Hospital in its evaluation of Virtua Voorhees.

Among the 10 high-performing procedures and conditions at Virtua, Voorhees was recognized for the first time in lung cancer and colon cancer surgeries.

Additionally, U.S. News ranked all three Virtua hospitals offering maternity services—Virtua Our Lady of Lourdes, Virtua Voorhees, and Virtua Mount Holly—as high performers in maternity care.

"From online reviews to awards and reports, people have more resources than ever to make informed decisions about where they go for care," said John Matsinger, DO, MBA, Virtua's executive vice president and chief operating officer. "Each day, we renew our commitment to being the trusted choice for outstanding, compassionate care for those we serve."

To view the high performing designations and for more information, <u>click here for a Virtua press release.</u>

Virtua Marlton and Virtua Mount Holly Hospitals Recognized for Cardiology Excellence

The American College of Cardiology has recognized Virtua Marlton and Virtua Mount Holly hospitals for their demonstrated expertise and commitment in treating patients who receive diagnostic catheterizations and percutaneous coronary intervention procedures in the hospitals' cardiac catheterization labs.

This accreditation is based on a rigorous onsite evaluation of the medical staff's ability to evaluate, diagnose, and treat patients while ensuring high standards of care and efficient processes within the catheterization labs.

"We are diligent in the care of our patients, always following established protocols to achieve the best possible outcomes," said Rhondalyn C. McLean, MD, assistant vice president of clinical operations for cardiovascular services and director of tertiary cardiovascular services.

"Virtua is proud to be among a notable group of health care facilities that have met or exceeded an array of stringent criteria and have an organized team of doctors, nurses, clinicians, and administrative staff that earnestly support the efforts ensuring quality and safety, which leads to improved patient outcomes," said Kintur Sanghvi, MD, FACC, FSCAI, chief of intervention cardiology and director of cardiovascular innovation.

To learn more, <u>click here for a Virtua press release.</u>

Virtua Introducing Primary Care Pilot for Early Detection of Cognitive Impairment

Starting this week, a new digital cognitive screening tool is being introduced to primary care physicians to help them diagnose mild cognitive impairment to dementia. Linus Health's Core Cognitive Evaluation platform uses AI to detect subtle signs of cognitive impairment, providing actionable insights and personalized action plans.

Primary care physicians and other primary care clinicians play a crucial role in early detection, diagnosis, and ongoing management of dementia and its array of conditions such as Alzheimer's. These clinicians are often the first point of contact for individuals experiencing memory problems and can initiate the diagnostic process. While other specialists, like neurologists, are vital for advice

on care of patients with advancing dementia, PCPs are essential for comprehensive care throughout the disease's progression.

"We are working to help our primary care physicians and their practice teams be prepared to identify cognitive impairment early so that we can make a proper diagnosis and take advantage of new and emerging treatments," said family physician and geriatrician Mary Campagnolo, MD, medical director of value-based programs and payer contracts at Virtua.

Five VMG primary care practices will go-live by the end of August, and the remaining primary care practices will be rolled out in 2026.

This attention to addressing cognitive impairment is why Virtua is sponsoring the Walk to End Alzheimer's. Feel free to spread the word.

Join Virtua at the Walk to End Alzheimer's

When: Sept. 13, Registration at 8:30 a.m., ceremony at 10 a.m., walk at 10:30 a.m.

Where: Cooper River Park, Pennsauken

This isn't just a walk; it's a powerful movement. Our team of dedicated doctors, nurses, staff, leaders, and community members from across South Jersey are all driven by a single mission—to raise awareness, support families, and help end Alzheimer's for good.

Registration is free, and no donation is required (though always appreciated).

Bonus for Pre-Registered Walkers:

The first pre-registered colleagues to check in at Virtua's table on the morning of the walk will receive a Virtua "We Thrive" hat on a first-come, first-served basis, while supplies last.

Ready to make a difference? Register today by clicking here.

Virtua Reverting to Previous Ultrasound Orders in Radiology Compendium

Starting this upcoming Monday, August 4, Virtua will be reverting to its previous ultrasound orders description process in our radiology compendium, which will once again include laterality detail.

We are making this change to enhance patient safety and to simplify the ordering and performance of these studies. We believe that returning to the previous format for now will make it easier for everyone involved as Virtua continues to assess its compendium ordering process.

If you encounter any issues or have any concerns regarding this transition, please do not hesitate to reach out to the IT service desk at 856-355-1234. Additionally, we will have a command center and on-site support available at each hospital during this transition to assist you.

Thank you for your attention to this matter and your cooperation.

Submit Your Research Ideas for Grant Funding

Virtua's Office of Philanthropy and Virtua's Center for Nursing Excellence and Innovation are gathering ideas for research proposals that we can submit for seed funding to the New Jersey Health Foundation this fall. The NJHF offers two funding streams, and we can submit multiple requests:

- 1. Research Projects (up to \$50,000 per project) supporting promising studies that can lead to larger grants.
- 2. Community Health, Social Science, and Educational Programs (up to \$35,000 per project) funding initiatives that address important health-related societal challenges.

If you have a research idea suitable for consideration, please complete this brief interest survey by **September 2**.

NJHF Idea Intake Survey

A kickoff meeting will be held on **September 8** to share full details about the opportunity, explain the internal submission process, review available support to prepare your proposal, and answer your questions. The internal submission deadline will be **October 15th**.

More information and additional resources can be found using this link: <u>NJHF</u> Resources

All applications to the NJHF must be submitted through the Virtua Health Foundation — do **not** contact or submit directly to the New Jersey Health Foundation. Contact Amy Glasofer, Director of Investigator Initiated Research, at aglasofer@virtua.org for questions or to learn more about the funding

opportunity. Thank you for your interest and for helping us prepare strong proposals!

We Communicate Thoughtfully

This week, as we continue focusing on the Guiding Principle *WE Communicate Thoughtfully,* our teams across Virtua are watching tips about prioritizing and demonstrating kindness. <u>Click to view the tip of the week by track.</u>

What Patients Are Saying About Our Clinicians

Positive feedback continues to come in from our patients. Note the following recent examples and how the patient felt about the experience, and the clinician referenced:

"She is very attentive to your needs! Also, she makes you feel like you are important!" (**Priyanka Batchu, MD** – Cardiology)

"He spends as much time with you as you need. Makes sure you are comfortable and understand everything." (**Justin Sciancalepore**, **DO** – Pulmonology)

"Dr. Chang and her staff, along with everyone involved in my surgical procedure and care afterwards in the hospital were truly amazing. Although I'm still healing, the pain is gone. I can't thank them enough!" (**Leona Chang, DO** – Gynecologic Oncology)

"He took the time to go over my records in advance. Was very knowledgeable, careful, and listened to me. (**Shakeel Salim, MD** – Pain Medicine, Interventional Spine and Musculoskeletal Medicine)

"She was exceptional. She listened and I was very comfortable talking to her." (**Kerry Echavarria, APN** – Psychiatry)

"Very knowledgeable, trustworthy, and kind. He listened, assessed, and explained my course of care in terms I understood." (**Gregg Baranski, MD** – Hand Surgery)

"I knew right away that I was in good hands. He took the time to clearly explain my condition, offer honest suggestions, and was transparent about every step of the process." (**Brad Bernardini, MD** – Orthopedic Surgery, Orthopedic Sports Medicine)

"Love my medical team at Virtua they listen and give me the best care. The staff is friendly, patient, and very helpful." (**Jerome Horwitz, DO** – Cardiology)

Meet Geriatrician Dr. Kevin Overbeck

Kevin Overbeck, DO, is a geriatrician whose journey into medicine began at 15 years old, volunteering with a local ambulance company. Born and raised in South Jersey, Dr. Overbeck pursued his undergraduate studies at the University of Notre Dame and medical school at UMDNJ's School of Osteopathic Medicine, now part of Virtua Health. In his practice, Dr. Overbeck prioritizes listening to his patients and understanding what matters most to them to guide their care. Deeply rooted in the South Jersey community, Dr. Overbeck is committed to giving back to the place that raised him.

To hear his story, click here.

15th Annual Cardiology for Primary Care Symposium, Oct. 4

Join us for this year's Cardiology for Primary Care, part of the Key Essentials for Optimizing Patient Care five-block CME series presented by the Rowan-Virtua School of Osteopathic Medicine and offering up to 5.5 AOA Category 1-A and 5.5 AMA PRA Category 1 credits™.

The event will take place virtually on Saturday, Oct. 4, from 7:30 a.m. to 1 p.m. This year's agenda includes the following topics and speakers:

- Geriatric Medicine Kevin Overbeck, DO
- Advances in Hypertension Treatment Kimberly Hagen, PA
- Aortic Disease: What PCPs Should Know Eden Payabyab, MD
- Evaluation and Treatment of the Female Cardiac Patient Nikhita Kothari,
 DO
- Achieving Health Equity in the Cardiovascular Population Troy Randle,
 DO
- Cardiac Manifestations of Rheumatologic Conditions Humaira Khan, MD
- The Cardiac Pulmonary Interface Jonathan Galli, MD

The registration fee for the individual Cardiology for Primary Care program is \$149. (VMG clinicians: this event—and the series—is reimbursable through your annual CME allotment.) These events are free to residents, fellows, and medical students. Go here to register for this event.

Note: the full five-block series includes, (in addition to cardiology) content featuring psychiatry, geriatrics, pediatrics, and women's health. Registration for the full series is \$695. Go here to review the full brochure and for more details. For questions about the series, email at cme@rowan.edu.

Two Virtua Physicians Highlight Effort to Promote Good Sleep

The <u>American Academy of Sleep Medicine</u> highlights that healthcare workers face a high risk of poor sleep, which significantly impacts their well-being. To address this, Virtua's well-being champions have launched an initiative to help colleagues develop healthier sleep habits and improve their quality of life. Details are <u>here</u> on the Colleague Corner. The initiatives include webinars presented by pulmonologist and sleep medicine expert Emilio Mazza, MD, medical director of the ICU at Virtua Our Lady of Lourdes Hospital (<u>Sleep as Self-Care</u>), and Angela Skrzynski, DO, lead physician for Telehealth at Virtua (Beat the Insomnia Blues).

Virtua in the News

Virtua Physician Gives Advice on Extreme Heat

Angela Skrzynski, DO, discussed the dangers of heat stroke, the most serious form of heat-related illness. She noted that the condition is a medical emergency and it's best to call 911 when a person shows symptoms. Listen on <u>KYW</u> <u>Newsradio</u>.

More Press Coverage of Virtua's 'Neuro ICU'

As Virtua prepared to open its first Neuroscience Intensive Care Unit this week, the new program continued to appear in media stories. The latest story appears in a statewide business publication called <u>BINJE</u>. For more information, see last week's issue of <u>Clinician Update</u>.

Virtua Paramedics Among First in NJ to Provide Blood Transfusions

The New Jersey Department of Health has begun authorizing paramedics to administer blood transfusions at the scene of emergencies and while transporting patients to hospitals. This vital advancement will save lives, experts predict. Virtua paramedics are among the first in New Jersey to provide this service. Read in *NJ.com*.

Virtua Executive Named a Top CIO

An industry publication has recognized Tom Gordon, SVP and chief information officer, as one of health system "CIOs to Know" for 2025. The 28-year employee has led Virtua's digital transformation through an array of pioneering initiatives, from enterprise-wide AI deployment to virtual nursing, telehealth, and centralized logistics. He oversees I.T. for Virtua's five hospitals and 400-plus care sites. Read in <u>Becker's Hospital Review</u>.



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