

Clinician Update

May 22, 2025



[Listen](#) to an abbreviated audio version of Clinician Update.



Measles Update: Resources and Readiness

As per [news coverage](#) this week, there are growing fears that a [Shakira concert in New Jersey at MetLife Stadium](#) last week may have been a measles super-spreader event because a person went to see the singer while infectious. A warning released by the New Jersey Department of Health said potentially exposed individuals could develop symptoms as late as June 6.

As reported here in *Clinician Update* in previous weeks, Virtua's readiness preparations continue for the possibility of a measles outbreak. The infection prevention team is working with its partners across Virtua to prepare for possible cases presenting to our emergency departments, urgent cares, and VMG practices.

Martin Topiel, MD, Virtua's chief infection control officer, stressed awareness and readiness. "While patients with more obvious rashes may trigger suspicion for measles during our medical patient encounters in provider offices, urgent cares, and EDs, it may be the patients unknowingly exposed who initially present with non-specific symptoms such as fever, cough, or sore throat, that may actually pose risk and be contagious to the population and our colleagues."

Note our available resources including the [Infection Control section](#) (under *Department Assets*) on the Virtua Brand Hub to include broader communications to help our staff.

As a further help to access these documents, click on the following links on [Digital 411](#) to view and print branded flyers about how to detect and properly report measles cases to infection prevention and your patients:

[Measles Symptoms Notice](#)

[Door Notice for Measles Symptoms](#)

[Patient Advisory for Measles](#)

Launch of Armed Security Officer Program

This week, the Armed Security Officer Program launched at Virtua Our Lady of Lourdes Hospital. This new initiative aims to enhance safety, de-escalate potentially volatile situations, and respond quickly to security threats. The program will roll out to Virtua Mount Holly Hospital in June, with other hospitals to follow.

The program will feature one armed officer on duty 24 hours a day. These officers will be certified through Allied Universal Armed Security and will not be direct Virtua employees. Their primary role is deterrence and rapid response to threats involving weapons by individuals seeking harm. It's important to note that these officers will not respond to general in-house security assist calls.

The armed security officer will be cross trained in the use of the Evolv system and can supplement existing security officers if needed. Their station will be in the main lobby until it closes, after which they will relocate to the emergency department entrance.

For further reading, [please consult these FAQs](#).

EMS Clinicians: “We Care. For Everyone.”

Each year, [National Emergency Medical Services \(EMS\) Week](#) (May 18 to 24) is hosted by the American College of Emergency Physicians and National Association of Emergency Medical Technicians to recognize the work of EMS clinicians. This year's theme is “We Care. For Everyone.”

Virtua's more than 400 EMS professionals engage in thousands of hours of specialized training and continuing education to enhance their lifesaving skills and are ready to provide lifesaving care to those in need 24 hours a day, seven days a week.

“Virtua's prehospital care providers provide unwavering care to the community by delivering a combination of invaluable transport services and lifesaving care,” said Ronald Klebacher, DO, medical director for Patient Logistics, who started

his career as a paramedic. “These dedicated individuals receive an immense amount of training to provide round the clock care to the community every day.”

To learn more about Emergency Services at Virtua, [click here](#).

We Care Compassionately by Practicing Empathy

This week, we continue focusing on the Guiding Principle *WE Care Compassionately*, specifically the simple action of *Practicing Empathy*. [Click to view the tip of the week by track.](#)

What Patients Are Saying About Our Clinicians

Confidence in care is a common reference among our clinician reviews. Note the following recent examples and how the patient felt about the experience, and the clinician referenced:

“Dr. Bailey is a great asset to your medical office! The students that learn from him are definitely going to go far in life! I continue to come back to that office. I really wish I could clone him!” **(James William Bailey, DO)**

“Dr. Costabile was thorough when discussing the surgical procedure I needed. He instills confidence and trust regarding the treatment.” **(Joseph Costabile, MD)**

“She listens to everything you have concerns about. She is so attentive to her patients. Truly a wonderful human being and a great doctor. She sincerely cares about her patients.” **(Kristen McCullen, MD)**

“From the check-in to the check-out, everyone focused on treating me with a caring and welcoming spirit. This level of care reflects a commitment and ongoing effort to maintain on a consistent basis.” **(Nichole Warshany, PA)**

“Dr. Curnow is a wonderful man who knows his patients and treats them with respect, pride, and dignity. If all doctors were like him, the world would be much better. Thanks for your brilliant bedside manners.” **(Hidalberto Curnow, DO)**

Virtua in the News

Dr. Butler a 'Rising Star'

Media coverage continues for Virtua interventional cardiologist and vascular specialist Rita Butler, MD. The Society for Cardiovascular Angiography &

Interventions has named Dr. Butler among 30 early-career interventional cardiologists who are “rising stars” through its “30 in their 30s” awards. The news is now shared nationally in [Becker's Hospital Review](#).

Dr. Bryman Addresses Diagnosis and Care for People with Dementia

Paul Bryman, DO, an associate professor at the Rowan-Virtua School of Osteopathic Medicine and a specialist in geriatric and internal medicine, discussed how to best support people with dementia and related challenges that affect memory and thinking.

"Support is especially important early in the course of dementia when patients can still participate in the decision-making process," he said. Read in [U.S. News & World Report](#).

Honoring the Sacrifice

As [Memorial Day](#) approaches, we remember those who made the ultimate sacrifice for our freedom. On Sunday, May 25 Virtua's WE Serve Colleague Community will hold a special ceremony at Virtua Mount Holly Hospital to honor New Jersey residents who have died in service since World War I. A powerful display of 6,657 American flags will serve as a visual tribute to their sacrifice.

For more information about the WE Serve Memorial Day event, please contact WE Serve at WeServeColleagueCommunity@virtua.org.

Upcoming CME Calendar

May 28 - Internal Medicine Grand Rounds: Improving Inpatient Management of Acute Opioid Withdrawal and Pain with High Opioid Tolerance Due to SUD

Join us in person or on TEAMS for this CME event with speaker Eric Osgood, MD, a Virtua Health Hospitalist and General Internal Medicine physician with experience in providing effective and evidence-based pain management, as well as recovery treatment including medication assisted therapy for substance use disorder (SUD). Dr. Osgood spent several years in research in the field of pain, analgesics, and opioid risk mitigation, and has multiple publications in this field.

This program is of interest to physicians, physician assistants, medical residents and fellows, registered nurses, pharmacists, and social workers.

Rowan-Virtua School of Osteopathic Medicine designates this live activity for 1.0
AMA PRA Category 1 Credits.

Date: May 28, 2025, at 12:00 Noon to 1:00 P.M.

Location: TEAMS or Physicians Conference Room, Virtua Our Lady of Lourdes Hospital

Learning Objectives:

- Enhance communication among providers, nurses, and pharmacists for coordinated care and timely escalation (telemetry, PCU, ICU).
- Increase provider comfort with high-dose opioid management in severe fentanyl withdrawal while avoiding oversedation and build confidence in transitioning patients to buprenorphine without triggering withdrawal.
- Strengthen discharge planning for patients with sub-stance dependence, ensuring timely follow-up with addiction services (e.g., methadone or buprenorphine clinics) to reduce relapse and overdose risk.

For more information, see attached flyer or contact: Joshua Wild:
jwild@virtua.org.

To Join the Meeting: Attend in person at VOLOL Physicians Conference Room or Virtually

Microsoft Teams

[Join the meeting now](#)

Meeting ID: 255 436 957 073

Passcode: CKMmrj

[Click here for a printable flyer.](#)

June 18 - Quarterly Cardiology Grand Rounds

The Rowan-Virtua School of Osteopathic Medicine will host a virtual CME on Advancements in Renal Denervation: Current Trends and Clinical Trials. The speaker for this educational event will be Kintur Sanghvi, MD, chief of Interventional Cardiology, director of Cardiovascular Innovation, and medical Director of Virtua Lourdes Catheterization Laboratory. It will take place on **Wednesday, June 18** from 7 to 8 a.m.

Learning Objectives:

- Understand the mechanisms and rationale for renal denervation and sympathetic nerve modulation in managing conditions like hypertension and chronic kidney disease
- Review the latest clinical trials in renal denervation, highlighting key findings, emerging technologies, and the evolving role of sympathetic nerve modulation in patient care
- Identify the clinical applications and implications of renal denervation in practice and discuss how the procedure can be integrated into current treatment paradigms for hypertension and other cardiovascular conditions

To learn more, click [here](#). To join the meeting on June 18, click [here](#). For more information, contact VirtuaClinician@Virtua.org.

Share Next Real Talk! Women's Health Chat

One in four women in the U.S. experiences a pelvic floor disorder. From urinary incontinence and pelvic prolapse to painful sex, these conditions are unfortunately common. Virtua's experts will answer questions and get *real* about prevention and treatment.

Restore Your Pelvic Floor

June 5 at 7 p.m.

Panelists:

- Alexander Berger, MD, Virtua Female Pelvic Medicine
- Erika Poderis, DNP, Virtua Female Pelvic Medicine
- Sarah Arena, PT, Virtua Physical Therapy & Rehabilitation

[Register for Free](#)

More Upcoming Events

Relay for Life

Friday, May 30, 5 to 10 p.m.

Memorial Sports Complex, 1040 Tuckerton Road, Marlton

The Penn Medicine | Virtua Health Cancer Program is proud to once again sponsor the American Cancer Society Relay for Life of Marlton. Relay teams will light luminaria bags dedicated in honor or in memory of a loved one. Everyone is invited to join. For more information, click [here](#).

American Cancer Society Bike-A-Thon

Sunday, June 1

Philadelphia to Ventnor, NJ

Distance options: 20 to 100 miles. Virtua has discounted registrations (use code CORP15). To learn more about the event and Team Virtua Health, click [here](#). If you are interested in learning more about Virtua's colleagues who participate in local cycling events, including information on how to obtain a colorful free jersey, email team captain Andrew Giordano at agiordano@virtua.org.

Run With the Docs

Sunday, June 8

Virtua Voorhees Hospital campus

The popular 5K run and 1-mile walk known as [Run with the Docs](#) will take place on the Virtua Voorhees Hospital campus on Sunday, June 8, all to support our programs for families who have experienced [pregnancy and infant loss](#). For more information, including registration details, [click here](#).

Looking Back on a Great Event in South Jersey History

Hard to believe it's now 14 years ago today that twenty-four ambulances safely moved 148 patients in under 4-hours to our new state-of-the-art, 368-bed Virtua Voorhees Hospital on May 22nd, 2011.



Virtua Health

303 Lippincott Drive, Marlton, NJ 08053

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