

Clinician Update

May 15, 2025



<u>Listen</u> to an abbreviated audio version of Clinician Update.

Modern Healthcare Recognizes Virtua as Best Place to Work

Virtua Health has been selected by *Modern Healthcare* as one of the "Best Places to Work in Healthcare." This recognition program celebrates organizations that empower employees to provide patients and community members with the best possible care and service.

We extend our sincere gratitude to all our colleagues who were asked to participate in the survey process. Your valuable feedback has helped us achieve this prestigious honor.

Click to view the full list of the Best Places to Work in Healthcare.

Rowan-Virtua College of Medicine & Life Sciences Celebrates New Clinicians

Today is a very meaningful one for many clinicians now commencing their careers. This morning, Rowan-Virtua College of Medicine & Life Sciences celebrated its 2025 graduating class of the Rowan-Virtua School of Osteopathic Medicine. This afternoon, the Rowan-Virtua Rita & Larry Salva School of Nursing & Health Professions and the Rowan-Virtua School of Translational Biomedical Engineering & Sciences held their commencements.

"Congratulations to the graduates," said Virtua Chief Clinical Officer Jennifer Khelil, DO, who was proud to be in attendance. "Not only is this a great day for them, but also for all of us as we welcome them to this vocation of making a

positive difference in the lives of the people we serve. Ultimately, for that reason, this is a great day for the people we serve. I'm always amazed at how inspirational these events are because it's a culmination of all of us together. It's when we realize the future of health care is indeed the present."

2025 *Philadelphia Magazine* Top Doctors List Includes 114 Virtua Clinicians

Congratulations to the 114 Virtua and Virtua-affiliated physicians who appear on the 2025 *Philadelphia Magazine* Top Doctors list. A spot on this list signifies trust and standing in the region, in part because the individuals recognized are nominated by their peers. Click <u>here</u> to consult the list.

If you have a colleague whom you'd like to see included in the 2026 Top Doctors issue of *Philadelphia Magazine*, nominations are open all year to licensed physicians in America who can nominate physicians in any medical specialty and in any part of the country. The poll does not accept self-nominations, nor any duplicate nominations of the same physician per calendar year.

- Each calendar year, a physician may nominate: 15 in their own specialty, seven in each family medicine/internal medicine/pediatrics, and five in each of the remaining specialties.
- Helpful general info can be found here.
- Physicians wishing to nominate someone can register here:

https://providers.castleconnolly.com/login

Happy Hospital Week!

A hospital is more than a building, it's a team. This Hospital Week, we celebrate the people who work together to make healing happen—and who show what it truly means to be Here for Good. Colleague appreciation gatherings have been taking place this week, with all colleagues receiving a Virtua-branded umbrella (handy in this week's rainy weather) and a new Guiding Principles badge card.

Look for digital and social media ads recognizing our colleagues. <u>Click here</u> to share a message of recognition and gratitude.

We Care Compassionately by Practicing Empathy

This week, we continue focusing on the Guiding Principle WE Care Compassionately, specifically the simple action of Practicing Empathy. Click to

view the tip of the week by track.

What Patients Are Saying About Our Clinicians

Confidence in care is a common reference among our clinician reviews. Note the following recent examples and how the patient felt about the experience, and the clinician referenced:

"Dr. Scott Schoifet is wonderful. He listens to me, and he explains everything. I trust him. I have full faith in him. Thank you, Dr. Schoifet." (Scott Schoifet, MD)

"Dr. Sturr was fantastic! I could not be more pleased with my choice. She is very thorough and conscientious while still being very friendly and reassuring. What a wonderful person AND doctor." (Marianne Sturr, DO)

"I really liked your attention and the professionalism with which you treated me. Thank you very much." (Christopher Haydel, MD)

"It was a good experience, and I left with a plan of action." (William R. Smith, MD)

"I can't speak highly enough of my experience. From the moment she entered the room, I was struck by her warm and approachable demeanor. She made me feel completely at ease. She took the time to introduce herself and listened attentively to my concerns, never rushing through any part of our interaction. Not only was she kind and empathetic, but she was also incredibly thorough in explaining my condition and treatment options. She broke down complex medical issues in a way that was easy to understand, and she made sure I felt comfortable with each step of the process. I truly appreciated how she didn't rush through anything. She gave me the time I needed to ask questions and fully grasp the information she provided. Her approach is a perfect balance of professionalism and genuine care, making what could have been a stressful experience much more manageable. I feel incredibly fortunate to have had her as my provider." (Colleen Chatman, PA)

Prevail Global Clinical Investigation Plan

Virtua Research periodically shares trials for your consideration. A brief synopsis of the eligibility criteria is listed below. Physician colleagues are vital to the success of the research program, even when they are not participating as investigators. Kintur Sanghvi, MD, FACC FSCAI, chief of interventional

cardiology, director of cardiovascular innovation, and medical director of the Virtua Our Lady of Lourdes Hospital catheterization laboratory, is the principal investigator for this trial.

Prevail Global is a pre-market study with a randomized, controlled cohort of the Prevail drug-coated balloon in subjects with in-stent restenosis and a single-arm, prospectively enrolled cohort of the Prevail drug-coated balloon for de novo lesions in small vessel disease. The Prevail paclitaxel-coated PTCA balloon catheter is intended for percutaneous transluminal coronary angioplasty (PTCA) in the coronary arteries with a vessel diameter from 2.00 mm to 4.00 mm to treat in-stent restenosis (ISR) and to treat de novo lesions in small vessel disease (DNSV). The main objective is to evaluate the clinical safety and efficacy of the Prevail drug-coated balloon as compared to Agent drug-coated balloon in subjects undergoing percutaneous coronary intervention (PCI) for ISR. Also, the study will evaluate the clinical safety and efficacy of Prevail DCB as compared to a drug-eluting stent historical control in subjects undergoing PCI for DNSV.

Here are just a few of the inclusion/exclusion criteria:

Key Inclusion Criteria

 Subject has documented stable or unstable angina, positive functional test, or non-ST elevation myocardial infarction which, in the judgment of the operator, is attributable to disease in a small coronary vessel or instent restenosis, and the subject is deemed an appropriate candidate for PCI in accordance with the applicable guidelines on percutaneous coronary intervention.

Key Exclusion Criteria

- Acute myocardial infarction within the previous 72 hours (NSTEMI allowed, provided enzymes trending down or are within normal limits)
- Target vessel with the presence of thrombus

The remaining inclusion/exclusion criteria are extensive and can be shared by reaching out to our research team. If you have a patient who meets the criteria above, please contact the Virtua Research team at research@virtua.org and a research coordinator will review their eligibility with you.

CME: Quarterly Cardiology Grand Rounds, June 18

Dr. Sanghvi will be sharing his expertise in an upcoming virtual CME event. The Rowan-Virtua School of Osteopathic Medicine will host Advancements in Renal Denervation: Current Trends and Clinical Trials. It will take place on **Wednesday, June 18** from 7 to 8 a.m.

Learning Objectives:

- Understand the mechanisms and rationale for renal denervation and sympathetic nerve modulation in managing conditions like hypertension and chronic kidney disease
- Review the latest clinical trials in renal denervation, highlighting key findings, emerging technologies, and the evolving role of sympathetic nerve modulation in patient care
- Identify the clinical applications and implications of renal denervation in practice and discuss how the procedure can be integrated into current treatment paradigms for hypertension and other cardiovascular conditions

To learn more, click <u>here</u>. To join the meeting on June 18, click <u>here</u>. For more information, contact <u>VirtuaClinician@Virtua.org</u>.

Virtua in the News

Virtua Physician Comments on Small Nodule Found in Joe Biden's Prostate

Rajen Butani, MD, a Virtua-affiliated urologist, discussed the former president's condition and possible next steps in his diagnosis and treatment. A prostate nodule—a small bump on the prostate—can be cancerous. However, when found early, prostate cancer is usually very treatable. Most men should start having prostate-cancer screenings at age 50, or sooner if they have a family history of cancer. Watch on <u>CBS 3</u>.

Virtua Gastroenterologist Addresses Antibiotic Use for Colitis Patients

People with ulcerative colitis (UC) sometimes need antibiotics, but should take precautions while taking them, explained Sanket Patel, DO, director of Virtua's Crohn's & Colitis Center. "People with UC may be more sensitive [to antibiotics] because of baseline gut inflammation, altered gut motility, and dysbiosis," he said. Read in *Everyday Health*.

Virtua Mount Holly Hospital Highlighted for Legacy of Enriching Lives

A statewide business publication included Virtua Mount Holly Hospital among organizations with deep historical roots. This new feature in *NJ Biz* focuses on entities that continue to thrive and are "still enriching the lives of the state's residents." The piece also references improvements being made to Virtua Our Lady of Lourdes Hospital. To read the section on Virtua, click *here*.

Local Teens Gain High-Tech Lessons Thanks to Virtua Reconstructive Orthopedics

Virtua Reconstructive Orthopedics shared its expertise last week with area high school students involved in STEM programs. Sixty students from three schools saw demonstrations by Virtua clinicians and engaged in hands-on activities in the Simulation Center at the Virtua Health & Wellness Center – Berlin and in Stryker's Mobile Lab.

Students took part in mock arthroscopic surgery and surgical stapling on model body parts, as well as demonstrations of robotic-assisted knee replacement, spine surgery, and fracture repair. The students will be invited to Virtua's annual High School Health Sciences Symposium in October. Watch on <u>NBC 10</u>.

Help Build Our Colleague Photo Library

We love seeing our colleagues being *Here for Good*. That's why we are creating a photo library of colleagues and their families taking part in fun and healthy activities. These photos may be featured in publications such as our *HeartTalk* magazine, *Health Action Blog* and *Good Vibes*, social media, and advertisements.

The photos can be:

- Vertical or horizontal in orientation
- Be close up, focusing on people rather than landscapes
- Show people smiling and taking part in activities such as:
 - Cooking/eating a healthy meal
 - Having fun at home, on vacation, at the ball game, playing in the park, etc.
 - Meeting with friends and family
- Candid, with participants not necessarily looking at the camera (though posed shots are OK, too)

Click <u>here</u> to complete a form and submit your photos. For questions, contact Josh Bernstein, marketing content strategist, at jbernstein@virtua.org.

Your Feedback Needed: Help Shape the Future of Virtua Child Care

Virtua is exploring an exciting opportunity to expand its support for colleagues and their families by considering a second location for our Child Development Center (CDC). Our existing CDC in Voorhees provides a valuable childcare service for the children and grandchildren of our colleagues, from six weeks through age five.

The center's excellent reputation often results in a waitlist, indicating a clear need for additional resources. In response, Virtua is actively exploring the exciting possibility of establishing a second CDC location, conveniently located near Virtua Willingboro and Virtua Mount Holly hospitals.

We are reaching out to you for your feedback to help us determine the level of interest and need for this second location. Your input will directly influence whether Virtua moves forward with this project. If the decision is made to proceed, this new site could potentially open its doors within the next 12 to 18 months.

Please take a few moments to share your thoughts and <u>click to complete this</u> <u>brief survey</u> by **Friday, May 23**.

Upcoming Events

This Saturday, May 17, Walk to Support Organ Donation Awareness

As the only center in South Jersey performing kidney, liver, and pancreas transplants, Virtua Advanced Transplant & Organ Health is proud to be sponsoring a team to walk in this year's NJ Sharing Network 5K in Ocean Grove, NJ, on **Saturday, May 17**. To join the team, please contact transplant liaison Natalie Frament at 215-528-1195 or nframent@virtua.org.

Blood Drives

Give the gift of life at an upcoming Virtua blood drive. Donate by May 18 and receive a \$20 e-gift card. Donate between May 19 and 31 and receive a limited-edition Red Cross solar lantern, while supplies last. For more information on local drives and to register, click here.

Relay for Life

Friday, May 30, 5 to 10 p.m.

Memorial Sports Complex, 1040 Tuckerton Road, Marlton

The Penn Medicine | Virtua Health Cancer Program is proud to once again sponsor the American Cancer Society Relay for Life of Marlton. Relay teams will light luminaria bags dedicated in honor or in memory of a loved one. Everyone is invited to join. For more information, click here.



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