

COVID-19 can be challenging both physically and emotionally. If you are facing ongoing physical and emotional challenges caused by COVID-19 and are interested in group support, join Virtua's COVID-19 support group. Peer-led and supported by Virtua social workers, this group offers a safe, compassionate place for you to share, connect, and have meaningful conversations about your journey. Persons with "long COVID" are welcome.

The group meets virtually on the third Monday of each month at 6:30 p.m.

Summer 2022 Schedule Mondays: June 20, July 18, Aug 15 6:30 - 7:30 p.m.

A Zoom link will be sent upon registration.

Join our support group on Facebook using the QR code:



## **REGISTRATION**

Please email your name and phone number to: **ACSupport@virtua.org** 

