



# Virtua Nutrition & Diabetes Care

Be well, get well, stay well!

## Nutrition

Our team of registered dietitians can assist in treating your condition as they assist you to achieve your nutrition goals. We have convenient locations throughout South Jersey.

*We specialize in:*

- Cancer
- Chronic kidney disease
- Crohn's and colitis
- Diabetes
- Diverticular disease
- Dysphagia (trouble swallowing)
- Heart health
- High blood pressure
- Irritable bowel syndrome
- Liver disease
- Nutrition in pregnancy
- Obesity
- Short bowel syndrome
- Tube feedings
- Unplanned weight loss

## Diabetes Care

Our team of diabetes educators is here to equip you with the knowledge and training to help you manage your diabetes. We are recognized by the American Diabetes Association for Diabetes Self-Management Education and Training.

*Our training includes:*

- Acute & chronic complications
- Healthy coping strategies
- Healthy eating
- Importance of being active
- Monitoring glucose
- Support & resources
- Taking medications
- Understanding diabetes

*Additional Training:*

- Continuous glucose monitors
- Diabetes injectable medications
- Insulin pump

**To schedule an appointment, contact  
our office: 856-341-8252**

