



Reminder: WomenHeart Support Group

For many years, Virtua Health has offered a monthly support group, WomenHeart, a cardiac support group for women by women. Championed by Virtua cardiologist Maria Duca, MD, and involving all of Virtua's female cardiologists who contribute to its content, the sessions are led by two WomenHeart Champions who are heart disease survivors, and who trained at [WomenHeart Science and Leadership Symposium](#) at Mayo Clinic.

The programs offer education from Virtua experts and peer-to-peer support from women living with heart disease. Since the pandemic, the sessions are now being conducted virtually via Zoom. [Click here for more information and dates.](#) Or, to refer a patient to speak with

a WomenHeart Champion, call [833-894-3278](tel:833-894-3278).